

Satisfaction With CDSME Program

Evidence-Based Program	Mean	N	Std. Deviation
Programa de Manejo Personal de Dolor(Spanish CPSPM)	4.8804	92	0.39
Geri-Fit	4.7879	66	0.64
Workplace Chronic Disease Self-Management (WCDSMP)	4.7769	121	0.49
Tool Kit for Active Living with Chronic Pain	4.75	12	0.45
Cancer: Thriving and Surviving	4.72	25	0.46
Wellness Recovery Action Plan (WRAP)	4.6986	73	0.68
Diabetes Self-Management Program (DSMP)	4.684	1902	0.66
Chronic Pain Self-Management Program (CPSPM)	4.6519	1083	0.67
Walk With Ease (self-directed)	4.6319	307	0.67
Chronic Disease Self-Management Program (CDSMP)	4.6211	3795	0.71
Fit and Strong!	4.6154	13	0.65
Programa de Manejo Personal de la Diabetes	4.6154	832	0.69
Tomando Control de su Salud (Spanish CDSMP)	4.5907	1158	0.78
Active Living Every Day	4.5882	17	0.80
Walk With Ease (in-person)	4.5771	1291	0.79
Tool Kit for Active Living with Diabetes	4.5714	21	0.60
Tool kit for Active living with Chronic Conditions	4.5319	141	0.69
HealthMatters	4.5	18	0.62
Arthritis Foundation Exercise Program	4.4699	1345	1.06
Health Coaches for Hypertension Control	4.4324	37	1.14
Si Yo Puedo	3.9286	28	1.21
Eat Smart Move More Weigh Less	3.8421	19	0.60

Optional question for Falls EBPs; will be required > June 2024.

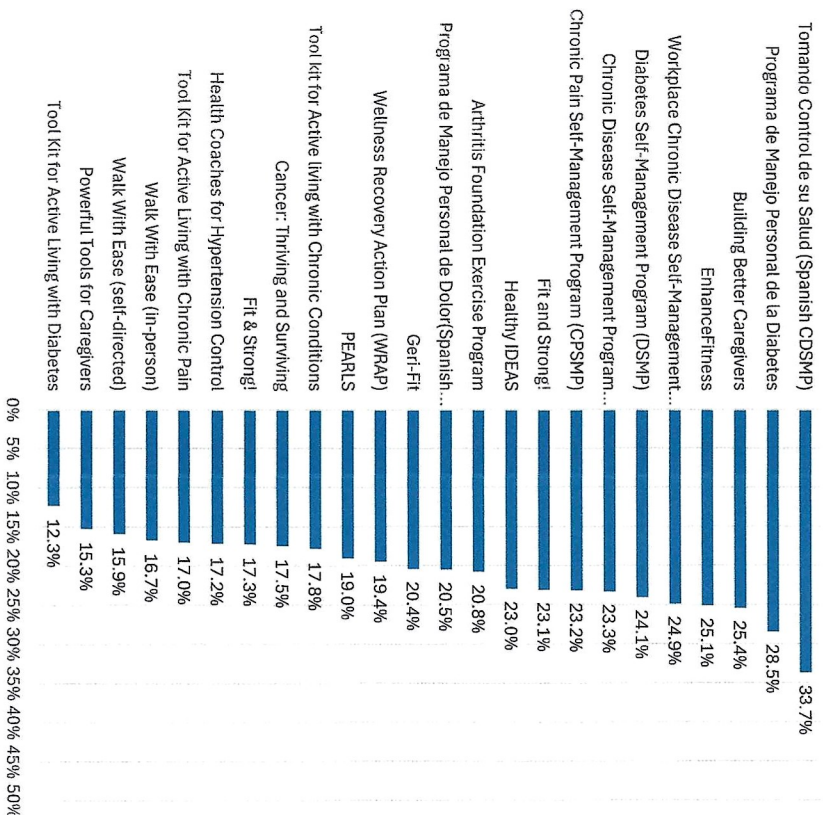
1 = Very Dissatisfied
5 = Very Satisfied

Excluded any EBPs $n \leq 10$.

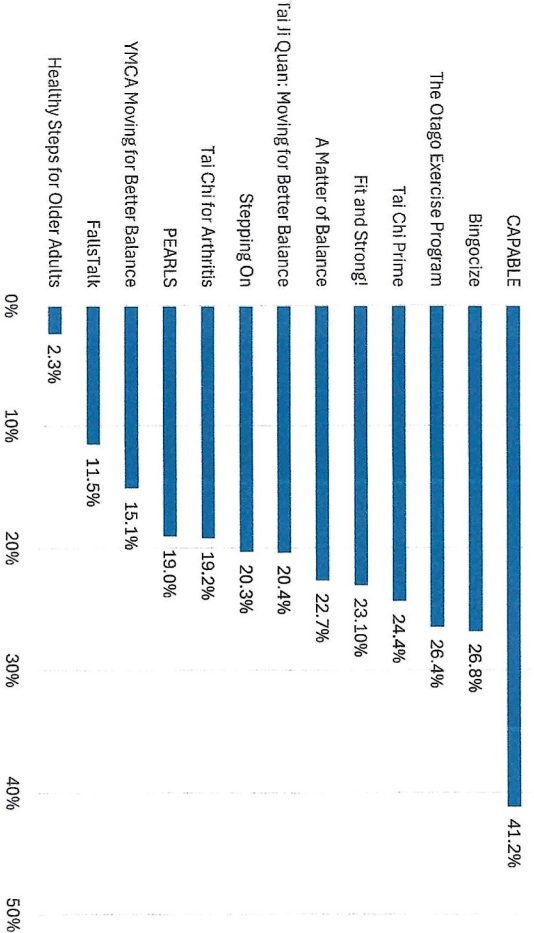
- Many still have SMALL sample sizes (~1 workshop).
- Do quality control and compare scores across your Hosts org, Sites, & Facilitators
- Verify fidelity.
- Encourage responses, even from participants who do not attend on last day of class.

Self-Rated Health Changes by EBP

Percent of CDSME Participants Experiencing Positive Change in Self-Rated Health (n=15,667)



Percent of Falls Prevention Participants Experiencing Positive Change in Self-Rated Health (n=43,558)



Impacted by: Fidelity, Participant demographics, Facilitator & Organization's experience, virtual/in-person, etc.

Excluded for small sample size: *Active Living Every Day, Eat Smart Move More, Health Matters, Healthy Steps in Motion, HomeMeds, Si Yo Puedo, SBIRT*