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topic or agenda, but will be a time for sharing, learning and connecting with other library staff who engage their patrons and community by creating and managing content for their library's Facebook, Twitter, Instagram or other Social Media platforms.

**William Ottens, Lawrence Public Library**

**CC5**

**Serving Our Senior Patrons with Programs to Enrich Mind, Body, and Need for Social Interactions**

In the fall of 2018, we began a weekly "lunch and learn" program for the over 50 population of our community. We knew there was a need, but didn't realize how great the need was. We average 25-30 seniors a week coming for the meal, socialization, and to learn something new. We've done everything from cooking, to art; houseplant care to computer safety. Then in January 2019, I was able to offer a Geri-Fit program (an exercise program done from chairs). This met twice a week, and was so popular I had to offer two sessions each day. The response has been overwhelming. We're meeting physical and social needs, as well as helping seniors learn new things to help keep their minds and bodies healthy. We've also incorporated some cross-generational activities with the seniors and school children.

**Janet Reynolds, Library District #2 of Linn County - LaCygne**

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