

Email from Topeka, Kansas written on February 2, 2026 from their library director:

I just wanted to let you know how things are going here in Topeka. I was able to go on local TV stations Jan 20 and 21. The response has been tremendous. I was on the shows to talk about the new class of Gerifit at the Mall. The volume of calls to the Library by Wed. Afternoon showed that we needed to add more classes at the Mall. Our space and equipment were the limits we faced. The Mall people have opened up a large empty store for us to use, with a projector and screen and sound system. They have even brought in and set up the chairs for us.

I am in the process of buying more weights and stretch bands so that we have equipment in both places, and I don't have to haul all the weights between locations.

We also have added another class here at the library to meet the demand. So, we went from one Gerifit class with an average attendance of 16 to 5 classes with close to 60 people in total.