

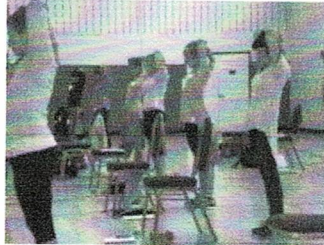


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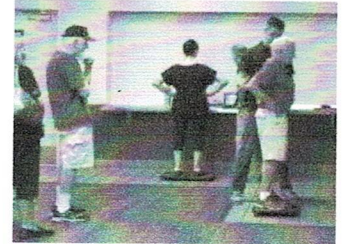
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Geri-Fit: Strength Training Workouts that Work!



Below is a photo of Mary Konicki, a Certified Geri-Fit instructor who teaches classes for New Hanover County in North Carolina. It's hard to believe Mary is 85 years old!



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Where classes offered? ▾

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